

Hysteroscopic polypectomy

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Hysteroscopic polypectomy is a surgical approach of removal of uterine polyps preserving the uterus.

Uterine polyps are kind of non-cancerous overgrowth of cells of the inner wall of the uterus that extend into the uterine cavity.



These uterine polyps develop in the lining of the uterus (endometrium). It is also known as endometrial polyps. The size of the polyps ranges from a few millimeters to several centimeters to golf ball sized or larger. Usually polyps are attached to the uterine wall by a large base or thin stalk. Usually these polyps are attached to the walls of the uterus. Sometimes the polyp also may slip down through the opening of the uterus into the vagina. Hysteroscopic Polypectomy is a useful surgical procedure to remove the polyps keeping the uterus intact.

The accurate cause of the polyps is unknown, but it has found that the growth of the polyps depends on the imbalance of the estrogen hormone in the body. Usually woman with uterine polyps experiences irregular, prolonged or heavy menstrual bleeding, unpredictable periods between menstrual cycle, vaginal bleeding after menopause and infertility.

In the Hysteroscopic Polypectomy procedure, the surgeon inserts a long, slender, lighted instrument named hysteroscope through the vagina, cervix and into the uterus. The hysteroscope uses electricity or laser beam to cut the polyps attached to the uterine cavity.

The hysteroscope is inserted into the uterus to shave the polyps until it aligns with the surface of uterine cavity.

After the hysteroscopy polypectomy, hospitalization of the patient depends on the choice of surgical procedure. The patient is advised to follow the instructions, medications, lifestyle and diet prescribed by the surgeon (gynecologist) to prevent complications. Patient is also advised to attend the regular follow up schedule. If any post-surgical complications or queries regarding the surgery occur, patients are suggested to consult the surgeon (gynecologist) or the health center. For further information on hysteroscopy polypectomy surgical procedure in general or any particular procedure in specific, you are requested to visit the knowledge branch of the site www.doctree.in.